

Move It 4 Summer!

at Riverside Ice and Leisure Centre

Summer activities for 10 to 13 year olds
Mondays & Thursdays - 1pm to 3pm

Mondays

- 26 July - Summer Games
- 2 August - Street Dance & Teen Gym
- 9 August - Hula Aerobics & Teen Gym
- 16 August - Summer Circuits
- 23 August - Spinning & Teen Gym

Thursdays

- 29 July - Boxercise
- 5 August - Dance Mats & Teen Gym
- 12 August - Cheerleading & Teen Gym
- 19 August - Latin Dance & Teen Gym
- 26 August - Summer Games

£3.10 per session!

Pre booking available now at Reception

Teen Gym also available Tuesdays and Wednesdays
throughout the summer holidays from 1pm to 3pm.



www.chelmsford.gov.uk/moveit!

Chelmsford
BOROUGH COUNCIL