

We have a vast array of activities available in our multi-purpose Sports Hall.



■ ■ Sports Hall

For further information, please contact the Sports Hall Manager on 01245 615069.

- Activities can be booked up to 7 days in advance by telephone or in person at Reception
- 24 hours notice of cancellation must be given for all pre-booked activities or you will be liable for the full service charge
- All bookings can be made from 8.45am onwards through Reception 01245 615050
- All bookings in the Sports Hall start on the hour and are 55 minutes in length
- Casual bookings for Squash and Courts in the Sports Hall must be paid for at the time of booking, either by phone or in person

■ ■ Sports Hall Session Times

Monday to Friday	
Off Peak	8am to 5pm (last booking at 4pm)
Peak	5pm to 11pm (last booking at 10pm)
Concessions	9am to 5pm (last booking at 4pm)
Saturday & Sunday	
Peak	8am to 11pm (last booking at 10pm)

■ ■ Badminton & Short Tennis

Price are per court

	Standard	Concession
Peak	£10	N/A
Off Peak	£6.60	£4.70

Rackets may be hired for badminton at a cost of £2.50 per racket. Please note that a £5 refundable deposit is required on return of the equipment, in the condition that it was loaned.

■ ■ Table Tennis

Prices are per court (maximum 3 tables)

	Standard	Concession
Peak	£10	N/A
Off Peak	£6.60	£4.70

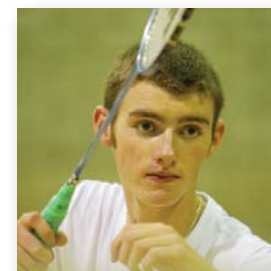
■ ■ Netball & Hockey

Price varies depending on portion of hall hired

	Standard	Off Peak
One Court	£10.70	£6.60
Half Hall (3 courts)	£32.10	£19.80
Whole Hall (6 courts)	£64.20	£39.60

■ ■ Football

	Standard	Off Peak
Whole Hall (6 Courts)	£64.20	£39.60



■ ■ Basketball

Prices vary depending on portion of hall hired

	Standard	Off Peak
Ring (1 court)	£10.70	£6.60
Small (2 courts)	£21.40	£13.20
Half Hall (3 courts)	£32.10	£19.80
Whole Hall (6 courts)	£64.20	£39.60

■ ■ Cricket & Volleyball

Prices refers to an allocation of 3 courts

	Standard	Off Peak
Half Hall	£32.10	£19.80

■ ■ Over 50's Racket Sports

Available to all aged over 50 years old.

A great opportunity to meet people and make new friends.

Sessions run on **Tuesdays 11am to 1pm** and **Fridays 10am to 12pm** for just **£3.80** per session (per person).

■ ■ Over 50's Multisports

A great opportunity to take part in a wide range of activities including Swimming, Tai Chi, Volleyball and Short Mat Bowls. (activities vary week upon week). This session runs **Wednesdays 10am to 12 noon** and costs just **£3.80** per session.

■ ■ Ladies Recreation Mornings

Want to try something new? Activities include circuits, pilates, badminton, table tennis, volleyball and much more. These sessions are supervised by fully qualified staff and cater for all levels. Women of any age are welcome. Sessions run on **Mondays 10.15am to 12.15pm** for just **£3.80** per session (per person).

■ ■ Tea Dances

Open to all abilities, including beginners! Come along and dance to some old classics in a fun and sociable environment. Singles are also welcome as these sessions are a great way to make new friends. Tea, coffee and biscuits will be provided. These sessions run **Mondays 2.30pm to 4.30pm** and cost **£2.50** per session.

■ ■ Fitness Classes

At Riverside we run a varied fitness class programme that caters for a wide range of abilities and ages, throughout the week.

Dryside classes are either held in the Sports Hall, Squash Court, Studio One or Studio Two (see separate leaflets for more details). All fitness classes are available on our Direct Card Scheme.

■ ■ Special Events & Room Hire

The Sports Hall, Studio Two and Meeting Room are available for private hire and functions.

Any special event will be considered. To find out more details on availability and prices, please contact the Sports Hall Manager on 01245 615069.



Squash

Two courts are available on a casual booking basis. Rackets may be hired for squash at a cost of £2.50 per racket. Please note that a £5 refundable deposit is required on return of the equipment in the condition that it was loaned.

- Squash courts are charged per 40 minute period throughout the day
- Courts may be booked up to 7 days in advance. Payment is required at time of booking
- 24 hours notice of cancellation is required or you will be liable for the full cost
- Prices are per court

Monday to Friday		
Off Peak	7am to 11am (last booking at 10.30am)	£5.50
Peak	11am onwards (last booking at 10.20pm)	£7.20
Concession	9am to 5pm	£3.50
Saturday & Sunday		
Peak	7am onwards (last booking at 10.20pm)	£7.20

Concessionary Prices

Concessionary Prices are available for Sports Hall and Squash, Monday to Friday 9am to 5pm only (last admission is 4pm and 4.20pm respectively) and Fitness Classes at all times. Please note, concessionary prices do not apply to activities which require hire of hall, i.e. Basketball, and 'special sessions' such as Over 50's Multisports and Racket Sports and Ladies Recreation Mornings which are already at a discounted rate. For full details on those eligible for a concessionary price please see the concessionary prices leaflet, telephone main reception on 01245 615050 or visit our website, www.chelmsford.gov.uk/riverside.



Activity Bug Club

For children aged 6 to 10 years.

Fully qualified coaches will lead children in a range of exciting activities including basketball, ice skating, trampolining, football and much more! (Activities will vary each week).

Sessions run **Wednesdays 4pm to 6pm** and **Saturdays 10am to 12 noon** and cost **£3** per session.

Patchworks

This fun activity session for adults and children with disabilities and their family and friends, runs on **Sunday mornings from 10am to 11.30am** and costs **£3.20** per session. Activities include Badminton, Basketball, Dance, Football, Gymnastics, Uni-hoc, Swimming, Table Tennis, Trampolining and a Soft Play area. You are also able to go swimming between 10am and 11.30am (please register in the Main Sports Hall before going swimming).

Birthday Parties

Children's parties are available in the Sports Hall and are detailed on our Birthday Parties leaflet. Please contact the Activities Administrator on 01245 615057 for details (Monday to Friday, 9am to 5pm).



Riverside Ice and Leisure Centre

Victoria Road, Chelmsford,
Essex, CMI IFG

Main Reception: 01245 615050
Textphone: 01245 615080
(Monday to Friday 8am to 4pm)
Fax: 01245 354919
Website: www.chelmsford.gov.uk/riverside
Email: riverside@chelmsford.gov.uk

The information contained in this leaflet is available in alternative formats including; Braille, Large Print, Audiotape and other languages on request.

Please note that Riverside reserve the right to alter any details featured on this leaflet at any time without prior notification. The information on this leaflet is correct at time of print.

In order to comply with Chelmsford Borough Council's Child Protection Policy, no photography or filming is allowed within the premises.

Prices valid until 31 March 2010

