

# Chelmsford Throws Festival 2010

Friday 2nd April 2010  
At  
Chelmsford Sport and Athletics Centre

Advanced entry fee: 1 event £3.50, £2.50 for all subsequent events  
Closing date Monday 29th March 2010

Entries on the day charged at £4.50 first event, £3.50 for all subsequent events.  
Cheques made payable to Chelmsford Borough Council

Time	Girls Event Timetable	Time	Boys Event Timetable
10.00am	Hammer U13's and U15's	10.00am	Hammer U13's and U15's
10.00am	Shot U17's, Junior and Senior	10.45am	Hammer U17's, Junior and Senior
10.00am	Javelin U13's and U15's	10.45am	Javelin U13's and U15's
11.15am	Shot U15's	11.45am	Javelin U17's, Junior and Senior
11.45am	Hammer U17's, Junior and Senior	12.45pm	Shot U17's Junior and Senior
1.00pm	Discus U13's	1.00pm	Discus U13's
1.00pm	Javelin U17's, junior and Senior	2.00pm	Discus U15's
2.00pm	Discus U15's	2.10pm	Shot U13's
2.10pm	Shot U13's	3.35pm	Shot U15's
3.30pm	Discus U17's, Junior and Senior	4.45pm	Discus U17's, junior and Senior

There will be a minimum of 4 throws. All timings are tentative, you should check on the day for event Timings. A current event timetable will be sent along with your numbers, providing an SAE is attached with your entry. Athletes who enter three events can take part in the Throws Festival Point competition, winners will receive a £10 Voucher.

Send Entries, and provide a SAE in order to receive your numbers to:

Chelmsford Sport and Athletics Centre,  
Salerno Way,  
Chelmsford  
Essex CMI 2EH

Phone: 01245 605666  
E-mail: csac@chelmsford.gov.uk

Name \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Phone \_\_\_\_\_

Email Address \_\_\_\_\_

Female / Male \_\_\_\_\_ Date of Birth & Age \_\_\_\_\_

First Event: \_\_\_\_\_

Second Event: \_\_\_\_\_

Third Event: \_\_\_\_\_

Fourth Event: \_\_\_\_\_

Under 13's, U16's and U17's will only be allowed to take part in three events under UK Athletics rules

Club / School \_\_\_\_\_

Signature of parent or guardian if under 18 \_\_\_\_\_ Date \_\_\_\_\_