

Dovedale Sports Centre

Vicarage Road, Chelmsford, CM2 0JQ

Telephone: 01245 605685

Fax: 01245 496844

Email: dovedale@chelmsford.gov.uk

Website: www.chelmsford.gov.uk/dovedale



Teen Gym

A chance to try our fully equipped Fitness room with Treadmills, Bikes, Cross trainers, Rowers and Resistance machines. Led by a fully qualified Instructor.

Code	Date	Time	Age	Price
HFTG	Saturday 13 February	10am to 11am	12 to 15 years	£3

Archery

A great opportunity to try something different.

Code	Date	Time	Age	Price
HFARC1	Monday 15 and Tuesday 16 February	9am to 12 noon	8 years+	£18
HFARC2	Wednesday 17 and Thursday 18 February	9am to 12 noon	8 years+	£18



Tots Gymnastics

Code	Date	Time	Age	Price
HFTGYM1*	Monday 15 and Tuesday 16 February	10am to 10.45am	18 months to 4 years	£7
HFTGYM2*	Wednesday 17 and Thursday 18 February	10am to 10.45am	18 months to 4 years	£7

* Parents must stay for this session.

Bookings and payments for Dovedale Sports Centre and Sports Development Courses – There are now 3 ways to book on our courses. Bookings can be made in person after 5pm Monday to Friday or after 9am at weekends. We also accept postal bookings sent to: – Dovedale Sports Centre, Vicarage Road, Chelmsford, Essex, CM2 0JQ. For telephone bookings by Credit/Debit Card please phone us on 01245 605685 after 5pm Monday to Friday or after 9am at weekends.

Gymnastics

Code	Date	Time	Age	Price
HFGYM1	Monday 15 and Tuesday 16 February	11am to 12 noon	5 years+	£7
HFGYM2	Wednesday 17 and Thursday 18 February	11am to 12 noon	5 years+	£7



Tots Trampoline

Code	Date	Time	Age	Price
HFTTRAI*	Monday 15 and Tuesday 16 February	10am to 11am	2 to 4 years	£7
HFTTRA2*	Wednesday 17 and Thursday 18 February	10am to 11am	2 to 4 years	£7

* Parents must stay for this session.



Trampoline

Code	Date	Time	Age	Price
HFTRAI	Monday 15 and Tuesday 16 February	11am to 12 noon	5 years+	£7
HFTRA2	Wednesday 17 and Thursday 18 February	11am to 12 noon	5 years+	£7

From Diamonds to Dance

A brilliant opportunity for girls to have an extra special day out. Make your own Jewellery in the morning with the excellent Artfull Splodgers followed by our hugely popular 3 in 1 session of Gymnastics, Trampoline and Dance. A supervised lunch break will take place from 12noon to 12.30pm, so bring your packed lunch.

Code	Date	Time	Age	Price
HFDD	Monday 15 February	10am to 3.30pm	7 years+	£19

Extra Special 3 In 1 Session – Gymnastics, Trampoline and Dance

You'll get to try all 3 activities during this 3 hour fun packed session. Please bring a drink.

Code	Date	Time	Age	Price
HF3INI	Monday 15 February	12.30pm to 3.30pm	7 years+	£11

Artfull Splodgers

Let your kids discover a world of arts and crafts!

Code	Date	Time	Age	Price
HFAS1*	Monday 15 February	12.30 to 1.30pm	18 mths to 4 years	£4.50
HFAS2	Monday 15 February	2pm to 4pm	5 years+	£9

*Please note that parents must stay for this session

Mad Science – Super Structures Challenge Day

Have fun with the Mad Scientists putting unusual items to the test to see which is the strongest; you'll be amazed at the results. Lots of teamwork fun and games testing out the forces against each other, whose Egg will survive the drop????

Code	Date	Time	Age	Price
HFMAD	Tuesday 16 February	10am to 3pm	5 to 11 years	£25

2 Day Badminton and Mini Tennis

Learn the basics and enjoy some excellent games and competitions.

Code	Date	Time	Age	Price
HFBMT	Tuesday 16 and Wednesday 17 February	1pm to 3pm	6 years+	£13

Bootcamp Revolution

2 hours of fast, furious fitness fun, not for the faint hearted!! This is a physical activity involving running, jumping, teambuilding exercises and much much more!! Please bring a drink.

Code	Date	Time	Age	Price
HFBT	Wednesday 17 February	10am to 12 noon	8 years+	£7

Ukan Club – Mamma Mia

Sing and Dance along to all the hits of the smash hit film and musical Mamma Mia!!

Code	Date	Time	Age	Price
HFUKAN	Wednesday 17 February	12.30pm to 3.30pm	6 years+	£10

Action Hero Special – Go Karts, Trampolining & Dodgeball

Have a go at all 3 activities in 1 afternoon – Please bring a drink and snack.

Code	Date	Time	Age	Price
HFACT	Thursday 18 February	1pm to 4pm	4 to 9 years	£11



Go Karts (Battery Operated)

The most fun kids can have racing around our Sports Hall circuit. Please book early.

Code	Date	Time	Age	Price
HFGO1	Thursday 18 February	1pm to 2pm	4 to 9 years	£7
HFGO2	Thursday 18 February	2pm to 3pm	4 to 9 years	£7
HFGO3	Thursday 18 February	3pm to 4pm	4 to 9 years	£7

Ball Basics – Football, Basketball and Rugby

3 hours of ball game fun. Please bring a drink.

Code	Date	Time	Age	Price
HFFBR	Friday 19 February	9.30am to 12.30pm	6 to 12 years	£10

Fun and Games

This fun packed session will give you a chance to play a variety of individual and team sports and loads of brilliant games. Please bring a drink.

Code	Date	Time	Age	Price
HFFG	Friday 19 February	1pm to 3.30pm	6 to 12 years	£7.50

Sports Overload

Come all day and take part in Ball Basics in the morning and Fun and Games in the afternoon. A day of fun and excitement in a safe and friendly environment. Please bring lunch and drinks.

Code	Date	Time	Age	Price
HFSO	Friday 19 February	9.30am to 3.30pm	6 to 12 years	£15

So You Think You Can Dance

The huge US smash comes to the BBC following on from X Factor and Britain's Got Talent; you can experience what the dancers go through at Dovedale...but with so much more fun!

Jazz, Hip Hop, Ballet, Cheerleading...try it all in one session! Great music, make friends, learn some cool moves to show your friends!

Code	Date	Time	Age	Price
HFSTCD	Friday 19 February	1pm to 4pm	6 years+	£11

